

PATIENT INSTRUCTIONS

PET (Positron Emission Tomography) / CT

- NO exercise and NO caffeine 48 hours prior to your exam
- No food (drinking 8oz of water is ok) 8 hours prior to appointment
- If you have diabetes, please call our center for further instructions

Ultrasound

- Abdominal: No food or drink 6 hours prior to your exam
- Pelvic: Drink 3 (8 oz.) glasses of water one hour prior to exam. A full bladder is required
Do not empty your bladder until the exam is completed
- Carotid Duplex: No preparation

Nuclear Medicine

- Thyroid Uptake & Scan: A 2-day procedure consists of 3 visits to the center. On the first day, you will be given a radioiodine capsule. You will return 5 hours later for the first scan, and again return 24 hours after the initial dose for a second scan. Discontinue thyroid medication and NO seafood 2 weeks prior to exam.
- Bone Scan: 2 visits are required. No preparation. You will receive an injection of a radioactive compound on the first visit and return 3 hours later for the scan
- Liver / Spleen Scan, Renal Scan and Lung Scan: No preparation
- Hepatobiliary Scan: No food or drink after midnight
- Cardiac Perfusion (Stress Exam): No caffeine 2 days prior to exam. No food 4 hours prior to exam. Discontinue high-blood pressure medications on the day of the exam
- Cardiac Perfusion (Rest Exam): No preparation

CT

- Without IV contrast – No preparation
- With IV contrast – No food or drink 8 hours prior to exam. BUN and CR blood test within 3 months of the exam is required
- Abdomen / Pelvis: Patient to come in one hour prior to the exam for oral barium contrast preparation

MRI

- Absolute Contraindication: MRI **CANNOT** be done on patients with a pacemaker or metallic brain aneurysm clip
- Wear loose clothing without any metal clips, preferably jogging apparel. No accessories such as earrings, necklaces, hairpins or watch
- Head (e.g. brain) Exams: Do not wear any eye make-up

PACIFIC MEDICAL IMAGING & ONCOLOGY CENTER

www.pmioc.com

707 S. Garfield Ave., Suite B-001
Alhambra, CA 91801
(Located on the Basement Level)
Tel: 626-227-2727
Fax: 626-227-2799

1661 Hanover Rd., Suite 102
City of Industry, CA 91748
Tel: 626-965-8118
Fax: 626-965-8114

